

who



The cat's out of the bag. Ever since a massage therapist named Tory was outed by the Georgia Straight newspaper in their annual *Best of Vancouver* readers poll for being, well, amazing, west side babes have been lining up for a fix. And the T-zone (that's massage-speak for Tory's workplace) is the keep-it-simple Honey Dew Day Spa—tucked inside Ridge Hairstyling and opened by a twenty-something Blanche Macdonald Centre grad. Be warned: Tory's calendar fills up fast (even by Vancouver standards), so book two weeks in advance. Prepare for good old fashioned pampering (avec Dermalogica products and a cozy Hudson Bay-esque table blanket). And the best part? You're a stone's throw from Choice's Market (so you can pick up a power shake en route to your ride). Visit honeydewdayspa.ca, 2585 West 16th Ave, (604) 734-2343.

what



Here's the reality of the situation. Between your colours-of-the-rainbow cashmere knee socks, your British racing green Hunter Wellington's and your flannel PJ's emblazoned with chocolate cupcakes, you have a boatload of thank you's to pen this month. Make the process more pretty (and palatable) with a box of handcrafted, cutie-pie note cards by Vancouver's Joli Paperie. Science teacher by day, craft wizard by night, designer Jolene Mergens is helping the art of letter-writing make a comeback one *Just Because* card at a time. Complete with adorable colour stories (hot pink and cocoa, pool blue and lime) and custom accents (dots, stripes, birdies, ribbons, and rhinestones), these babies will return you to just about anybody's good books. Visit jolipapier.ca.

wear



Your Romeo has promised to turn over a new, more organized leaf this year. He will hang up his pants (hanging a belt loop over a hook doesn't count), convert entirely to wooden-hangers (ba-bye Fletcher's Drycleaners wire ones), and cook dinner at least once a week (hope is a good thing). But the most important resolution? No more ill-fitting, University-era boxer shorts or boxer briefs (if he's a full time Risky Business-briefs kind of guy, you're on your own). Sign him up for a fresh, flattering pair of skivvies to arrive by post every month (or any interval of your choice) at monthlyboxers.com. This B.C.-based company are the same dudes who own monthlysocks.com—deliverings undies to your doorstep. And the best part? Refer a friend and get a cute tank, to boot (guys get a pair of undies).

when



Turn over a shockingly stylish New Year's leaf with a trip to Provide, a fresh and fabulous interior accessories and lifestyle emporium nestled in the newly-coined Crosstown (a joiner hood between Gastown, downtown and Yaletown). Browse contemporary classics at this hip space (white walls, high ceilings, milled Douglas fir) from clothing basics by cult status James Perse and Swiss-made Nespresso espresso makers (a necessity in this town) to earthy-toned vases and bowls from Jonathan Adler and artwork by Brooklyn-based artist John Pomp. And while owners Robert Quinnell and David Keeler plan to carry a coveted collection of books in the coming months, in the meantime I suggest cuddling up with a throw by Publique Living of San Francisco fashioned from uber-soft Alpaca wool (you sexy beast you). Feel the love at providehome.com, 529 Beatty St., (604) 632-0095.

wine

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