

INSIDE!
Cross-Canada
Shopping Guide p.17

Wish

*Summer
Dinners
in minutes!*

Tasty Salads,
Yummy BBQ &
Homemade
Ice Cream

22 EASY RECIPES

STUNNING PORCH & DECK MAKEOVERS

Get more living space

ONE WARDROBE, TWO SEASONS

Look great now
...and later!

CLUTTER BUSTERS & instant decor tricks

the
COOLEST SHOPS in
our FAVOURITE CITIES
(and how to travel in style)

PLUS

*Summer's best
bags, shoes &
sunglasses!*

FASHION &
beauty

page 25

HOME &
decor

page 69

FOOD &
entertaining

page 91

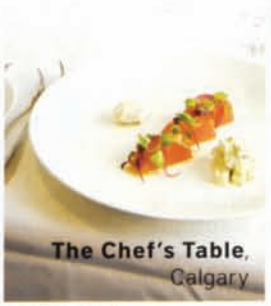
SUMMER 2008

\$4.50





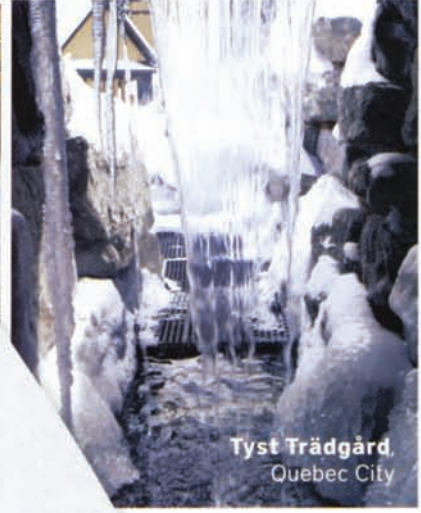
Victoire,
Ottawa



The Chef's Table,
Calgary



Bella Maas, Edmonton



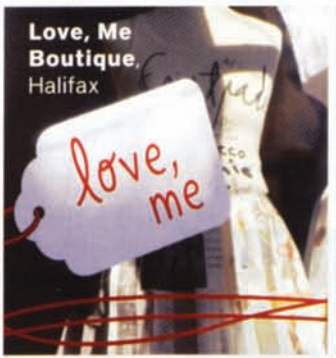
Tyst Trädgård,
Quebec City



Provide,
Vancouver



Made, Toronto



Love, Me Boutique,
Halifax



Taste of Thai,
St. John's



Abe & Mary's
Montreal



Eva's Gelato & Coffee Bar,
Winnipeg

Cross-Canada Shopping Guide

the coolest shops in our favourite cities

west to east

VANCOUVER	18
EDMONTON	18
CALGARY	19
SASKATOON	19
REGINA	19
WINNIPEG	20
TORONTO	20
OTTAWA	21
MONTREAL	21
QUEBEC CITY	22
SAINT JOHN	22
MONCTON	22
CHARLOTTETOWN	22
HALIFAX	23
ST. JOHN'S	23

BalOrient Footwear,
Regina p. 19





vancouver

BY KATE MACLENNAN

● Provide

A gorgeous loft space located in Crosstown, this global boutique imports everything from designer espresso makers to pretty tops. Stunning, organic-shaped ceramics, and housewares such as lamps, vases, tablewares and cushions round out the home selection. Fashion-wise, it's all about James Perse's high-end tees and Vancouverite Shereen De Rousseau's beautiful cross-platform jewellery. 529 BEATTY ST., VANCOUVER, 604-632-0095, PROVIDEHOME.COM.

● Social at Le Magasin

A heritage building brought back to life now houses this deliciously vintage eatery. For breakfast, try house-cured bacon or a spinach and feta omelette, all with white-linen service and peek-a-boo views of the water and mountains. Midday, hit the adjacent deli for takeout charcuterie piled high on focaccia with potato chips - all made in-house. 332 WATER ST., VANCOUVER, 604-689-4488, SOCIALATLEMAGASIN.COM.

● Jonathan + Olivia

This chic boutique caters to the fashionable folk strolling the streets outside its trendy South Main Street address. Labels include Acne Jeans, Surface to Air, Vanessa Bruno and Isabel Marant. The store was the first in town to snag Chloe Sevigny's whimsical debut collection for Opening Ceremony. Resident French bulldog Estelle often sits outside the changeroom to offer her approval on your picks. 2570 MAIN ST., VANCOUVER, 604-637-6224, JONATHANANDOLIVIA.COM.

● Kiss & Makeup

Set aside serious time to peruse the shelves at this North Shore beauty stop. Its extensive range of Canadian and international labels run the gamut from Bumble and Bumble, Cargo and Ren to Sue Devitt, Fresh and Lippmann Collection (don't miss the one-use lilac-scented polish-remover packets, perfect for travel). Local favourites include Principessa and Linacare. A well-edited assortment of accessories and apparel, too. 2H 925 MAIN ST., THE VILLAGE AT PARK ROYAL, WEST VANCOUVER, 604-922-6202, KISSANDMAKEUP.CA.

edmonton

BY JANINE WEBER

● Bella Maas Boutique

Suburbanites rejoice! Finally, high-end fashion is available around the corner. Find the hottest denim from Rock & Republic, Tag and Hudson, jackets from Canadian label Soia and Kyo, and dressier picks from Nicole Miller. Maternity, kidswear and menswear round it out nicely. Book a private shopping party for the ultimate experience. 370-5 GIRDOUX RD., ST. ALBERT, 780-470-7467; #148 EURO VILLAGE, 11 ATHABASCAN AVE., SHERWOOD PARK, 780-417-3562, BELLAMAAS.COM.

● Vivid Concepts Lighting + Design

Whether you're starting on a new home or giving your current place a facelift, get the light right. This full-service showroom represents design-savvy brands like Leucos, deMajo and Ifari. 11807B 105 AVE., 780-488-0797, VIVIDCONCEPTS.CA.

THE COCOA ROOM



● The Cocoa Room

If candy-bar chocolate just doesn't suit your sophisticated palate, step into The Cocoa Room by Kerstin's Chocolates and get a taste of the good stuff. This is the gathering place for local chocophiles. Monthly tastings and chocolate-making workshops complement the retail selection, where you can choose from rare imported brands or hand-made chocolates created on-site from single-bean aromatic chocolate grown in the best plantations in the world. 10130 112 ST., 780-990-0011, KERSTINSHOCOLATES.COM.

● Bikram Yoga Edmonton

The newest, hottest (pun intended) yoga studio is open downtown. Bikram Yoga's second location feels more like an oasis than a gym, though they do promise you'll sweat those toxins out. This environmentally friendly space offers dozens of classes to suit your schedule and the retail space offers amazing Canadian products like Cura Wear fashions and Breathe yoga mats, plus supplements and coconut water for rehydrating after class. 10019 124TH ST., EDMONTON, 780-732-0808, BIKRAMYOGAEDMONTON.COM.



BELLA MAAS, MARC BENCE/NUVEK